

Transcriptional Activity in the Peripheral Blood Leukocytes of Military Divers Following Trimix Dives

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Introduction: Recent studies suggest repeated bouts of decompression stress due to venous gas emboli promote biomolecular alterations leading to adaptive immunoinflammatory responses that may in-part account for the “work-up” effect prior to diving. Using a combination of flow cytometry and microarray analysis, we recently demonstrated significant differences between military clearance divers and non-divers in the expression of several key immunoinflammatory mediators and associated peripheral blood leukocyte (PBL) mRNAs following air dives to 45 msw for 30 minutes bottom time. We broadened our study to examine transcriptional activity (significantly altered gene transcriptions post-dive) in the PBLs of military clearance divers during decompression stress following trimix table validation dives for 20 minutes to 60, 69 and 81 msw.

Methods: Whole blood was collected into Paxgene blood RNA tubes (PreAnalytiX) from a group of naval clearance divers pre- and post-75 min after surfacing from Trimix hyperbaric exposures for 20 minutes at 60 (*n*=5), 69 (*n*=7) and 81 (*n*=6) msw. mRNA from peripheral blood leukocytes (PBLs) was purified using PAXgene blood RNA kits (QiAGEN) and stored at -70°C. Significantly altered (paired *t*-test) transcriptional activity (calculated as a negative or positive fold change in gene transcription) between the Pre and P75 samples was determined using Agilent two-colour microarray analysis normalized to transcriptional activity in a human PBL reference library. Arrays were quantified and analyzed using Feature Extraction v8.5 (Agilent Technologies) and GeneSpring, respectively. GeneSpring was used to generate heat map displays of genes with significant alterations (indicated as fold change, red = increased gene expression, green = decreased gene expression) after the dive. Genes were categorized by biological function within the immuno-inflammatory paradigm. Venous gas emboli were measured (K-M scoring) using Doppler ultrasound.

Results: The heat map configuration of 3910 genes significantly expressed following a dive at 69 msw dive showed the clearest distinction pattern of gene expression, followed by the 60 msw dive that resulted in 2386 significantly altered genes. In contrast, the distinction pattern of the 81 msw dive resulting in 1320 significantly altered genes was relatively disrupted. Similarly, the 69 msw dive produced the highest number of significantly altered genes closely related to immunoinflammatory response, followed by the 60 and 81 msw dives. Whereas, common gene comparison between dives yielded a degree of repetitious gene expression, a small number of common genes were significantly expressed in the same function groups in all dives including, CD39, SPON2, EMR1, SELL, LXN, GPR56, TSPAN2, KIR2DS2, LAT2, TEGT, HPK2, PGLS1, AKTIP and NCR3. Interestingly, MYD88 was heavily expressed in all dives.

Summary: Similar to that in earlier studies using Doppler ultrasound, the results of the present study indicated that of the three Trimix diving protocols for 20 minute bottom times, the 69 msw dive represented the highest level of decompression stress, followed by the 60 and 81 msw dives, respectively. Although no correlation existed between individual PBL transcriptional activities and Doppler-detected VGE scores, the 69 msw dive for 20 minutes resulted in the highest level of significant transcriptional activity in PBLs and the deeper 81 msw dive resulted in the lowest level of transcriptional activity. We are presently repeating these diving protocols to confirm their relationships to transcriptional activities in the PBLs of military clearance divers breathing Trimix. To determine the effects decompression stress on transcriptional activity, we also plan to reduce the decompression stress of the 69 msw dive by 1) extending the decompression period (before scheduled oxygen decompression); and 2) extend the period of oxygen decompression (following normal scheduled decompression) to that of the 81 msw dive. Although Doppler ultrasound continues to perform a valuable research role as the most reliable metric of multifaceted decompression stress, it cannot practically be used for diagnosis. Similarly, diagnosis of nebulous symptoms usually leads to HBOT by default. Adaptive immuno-inflammatory responses that may in part account for the “work-up” effect prior to diving could reveal pathways leading to characterization of diagnostic markers for DCS.

GO-ACCESSION	GO TERM	GENE COUNT
GO:004306	I-18 transmembrane receptor	16
GO:004312	regulation of I-18 transmembrane receptor	29
GO:004312	positive regulation of I-18 transmembrane receptor	12
GO:004314	negative regulation of I-18 transmembrane receptor	8
GO:000654	inflammatory response	42
GO:000657	regulation of inflammatory response	7
GO:000670	positive regulation of inflammatory response	2
GO:000670	negative regulation of inflammatory response	2
GO:000655	apoptosis	42
GO:004281	positive regulation of apoptosis	11
GO:004286	negative regulation of apoptosis	21
GO:000636	cell apoptosis	24
GO:004302	regulation of cell apoptosis	2
GO:004308	positive regulation of cell apoptosis	2
GO:004308	negative regulation of cell apoptosis	8
GO:004288/GO:004302	cytokine biosynthetic process	2
GO:004302	regulation of cytokine biosynthetic process	13
GO:004308	positive regulation of cytokine biosynthetic process	13
GO:004308	negative regulation of cytokine biosynthetic process	3
GO:004321	leukocyte activation	19
GO:004324	positive regulation of leukocyte activation	19
GO:004324	negative regulation of leukocyte activation	1
GO:004325	leukocyte activation	1
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