Bühlmann's (ZH research laboratory) sat diving algorithm and deep mixed tables - how they changed practice in occupational diving?

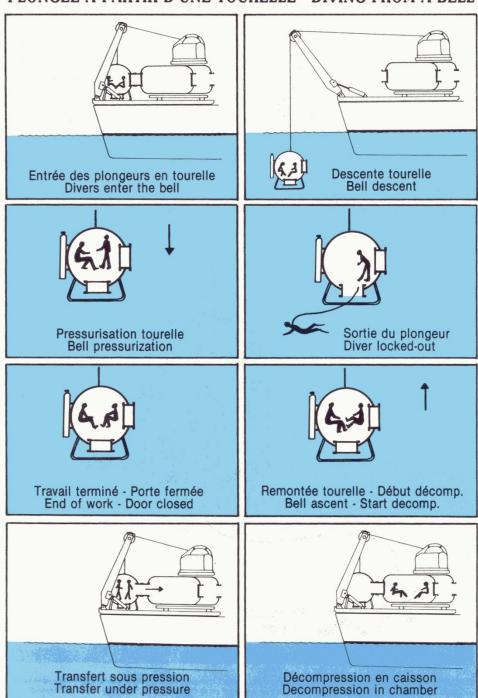
Bühlmann Symposion 29./30. März 2019

Universitätsspital Zürich (DKL-USZ)

Jürg Wendling, Biel-Bienne mail@wendling.ch

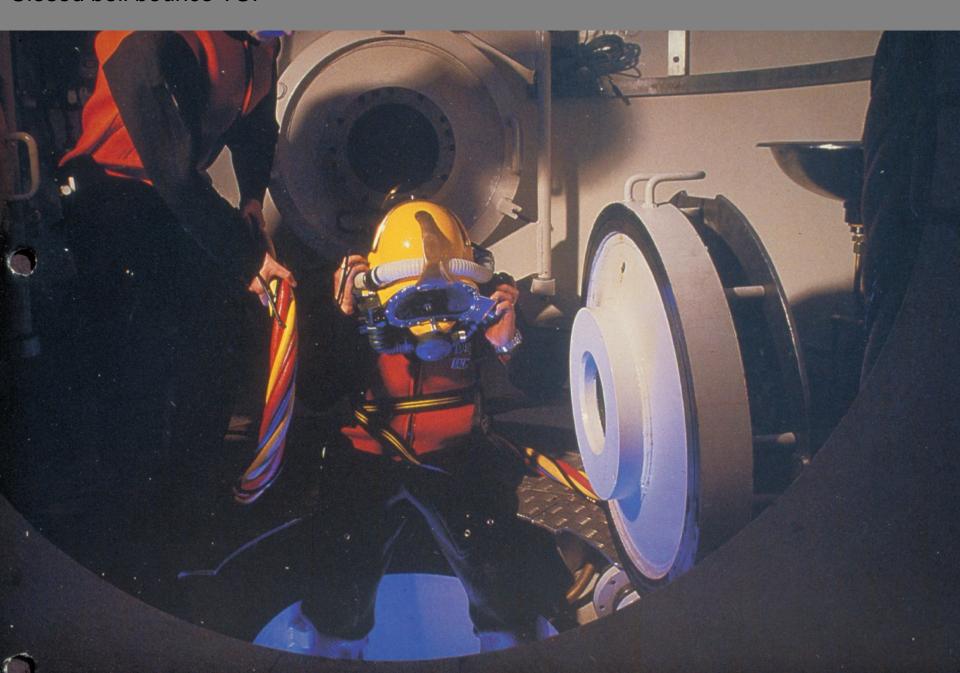
- Deep mixed gas tables (bounce diving)
 used during a few years for TUP-D (closed bell)
- Sat developed very rapidly under the lead of
 - Comex (with French gov support)
 - US Navy (with NOAA support)
 - Diving companies (Oceaneering, Tayler, Statoil) Bü'algorithm served as basis for empirical improvements of procedures

PLONGEE A PARTIR D'UNE TOURELLE - DIVING FROM A BELL



Closed bell bounce TUP

Closed bell bounce TUP

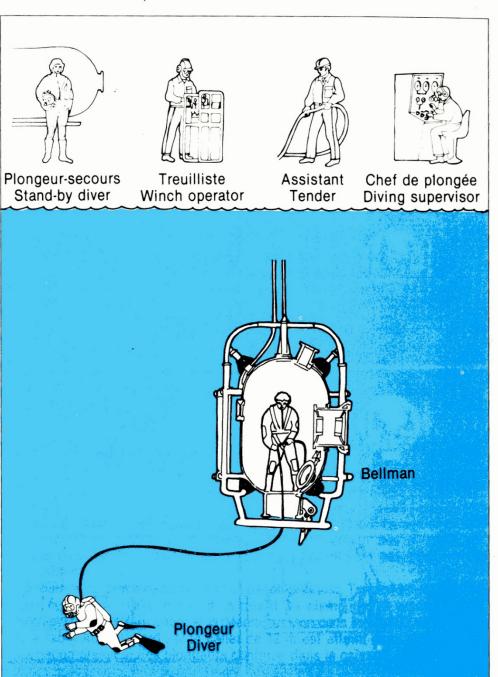




Closed bell bounce TUP

ıdling

PLONGEE/TOURELLE - BELL BOUNCE DIVING



Closed bell bounce TUP



Closed bell bounce TUP

- Offshore diving industry had severe accidents
- Mostly technical and handling problems
- Also too many DCS
 - →AODC/IMCA (risk assessment, COP, training)
 - →EDTC (Europe stds for save practice, FTD, competence
 - → ADCi (same as IMCA in USA)
 - → National goverment regulations and norms

Disappearance of decompression incidents in offshore industry

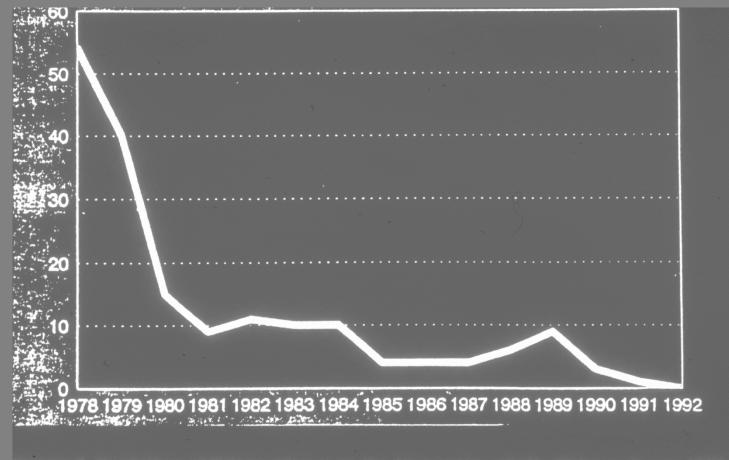


Figure 7. Evolution of DCI incidence in the Norwegian shelf offshore divers 1978-92 (from Brathens [7])

 Shell company provided Bü'tables to saturation contractors but these were used only as emergency procedures because too high accepted DCI risk

Sat deco as today in use:

- Conservative procedures with almost no DCI
 - Norsok (Norvegian standard)
 - HSE (UK)
 - US Navy (T7 Thalmann)
 - French gov tables (ex comex)

pO2 0.4 - 0.5 Depth (m)	France Cont	Norway Night stop	USN T7 Night stop
180 m	50	40	32.6 min/m
150 m	50	40	32.6 min/m
120 m	50	40	32.6 min/m
90 m	50	40	32.6 min/m
60 m	50	50	39.1 min/m
30 m	50	60	48.9 min/m
15 m	60	80	65.1 min/m
12 m	60	80	98.0 min/m
6 m	60	80	195 min/m

Bühlmann sat-tables: 0.3 min/m to 1st stop – 20-30 min/m to 30m – 60 min/m to surf

New challenge: HPCAW (high pressure compressed air work)

National regulations are behind the time

(independent development for tunnelling, not using the lessons learned from deep diving)

1970 - 2000 - Tunnelling and Caisson

-: Washington tables (from 1963) in use until now (OSHA standard)
- 1979: new tables by Peter Edel (USN research),
 Eric Kindwall (Milwaukee Univ)
 Haldanian, many compartments, using computer
 algoritmes incl. table for saturation and (optional)
 O₂-deco (NIOSH standard at 1980, not OSHA)
- → Similar tables developed and got national standards in UK (1982), DE (1972), FR (1992)

1970 - 2000 - Tunnelling and Caisson

Oxygen decompression

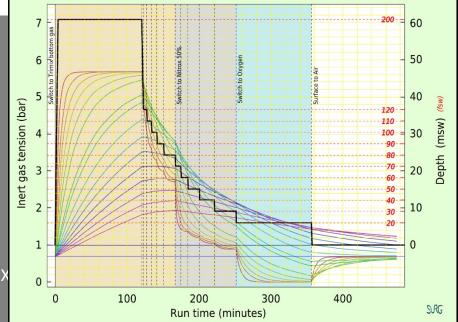
- 1970+: individual medical experts introduce O₂-deco in CAW: Brasil, France, Japan, Germany, NIOSH: better performance (shorter decompression)
 [40y after introduction in diving!]
- 2000: O₂-deco for tunnelling finally gets international standard (ITA guidance notes)





Sauerstoffdekompression

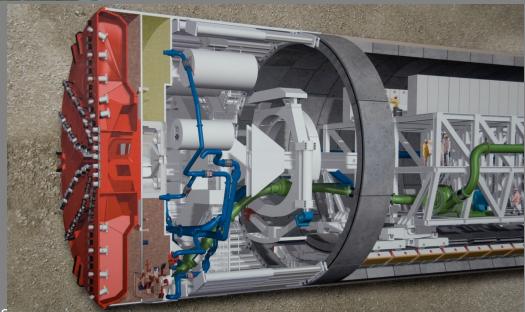


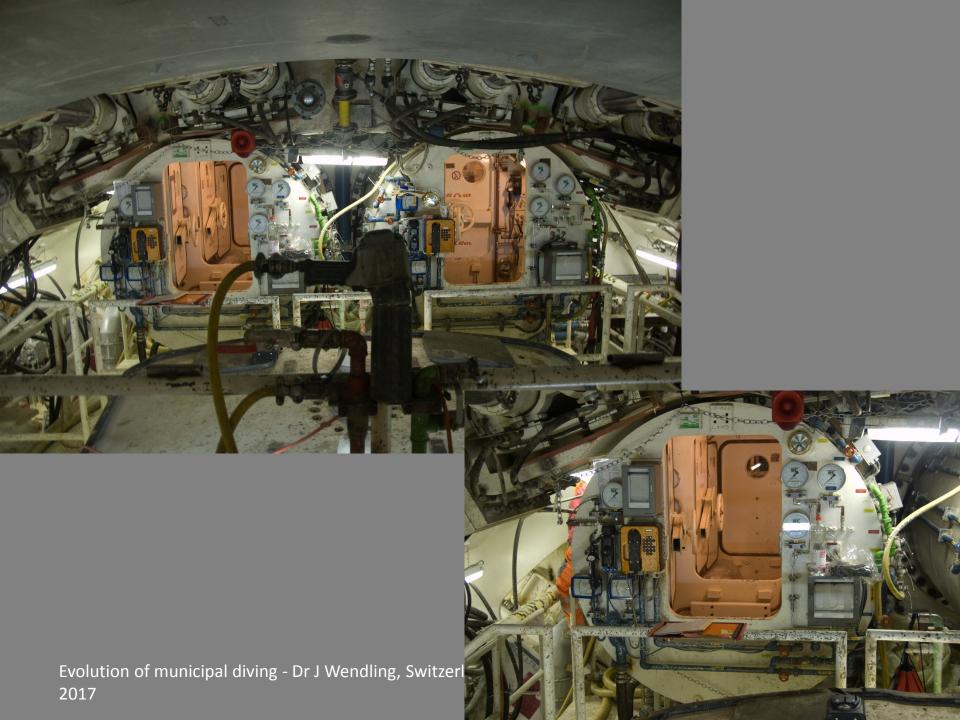


Actual practice in tunnelling

- ITA code of good practice for CAW is now worldwide recognised
- National H&S regulations limit operational depth to 30 – 35m
- Number of tunnel projects increasing
- CAW interventions get deeper and deeper (out of the range of accepted tables)









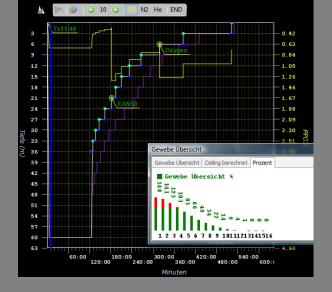




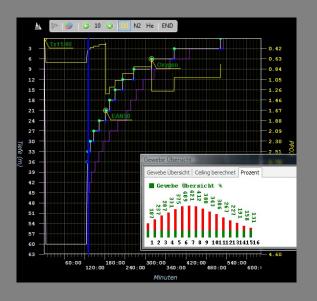
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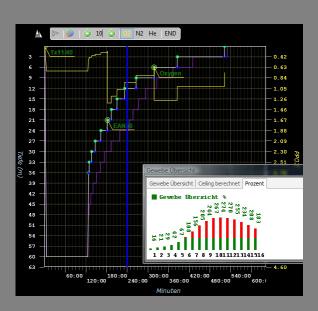
- \rightarrow use of mixed gas (0₂/N₂/He) as working mix allows for deeper bounce interventions):
- + avoiding O2 toxicity
- + avoiding N2 narcosis
- + avoiding inacceptable work of breathing (WOB)
- Does not shorten total deco time
- Overall higher DCS risk and extremely long deco times make projects economically unfeasible

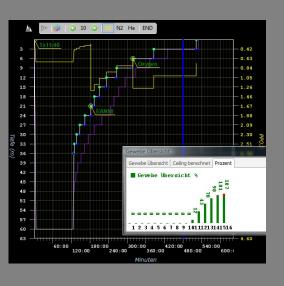




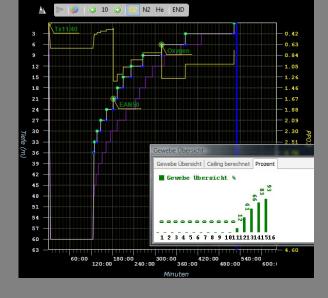


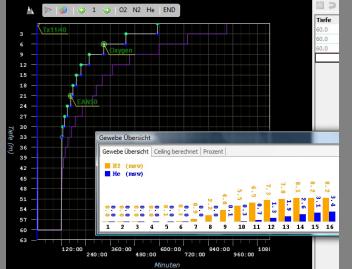


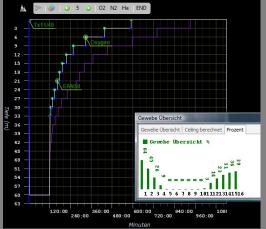


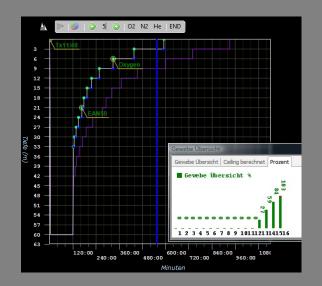


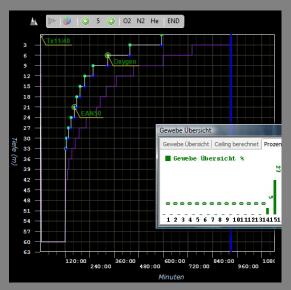
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- → use of saturation technique (called MGSW) with habitat and TUP by a shuttle (closed bell) allows for safer interventions:
- Much less deco stress than daily bounce interventions
- Only one slow decompression at end of saturation (4 weeks)
- Much less risk of procedural "human errors"
- Much less psychological stress for MGSW
- Higher work efficiency and quality (long work shifts possible)
- High cost of investment and need for specially qualified personnel influence economical interest

First tunnelling operations using sat technique:
 2003 in Westernshelde (NL), 65m
 2014 in Istanbul (TR), 110m
 2015 in Nanjing (China) and Hong Kong, 65m

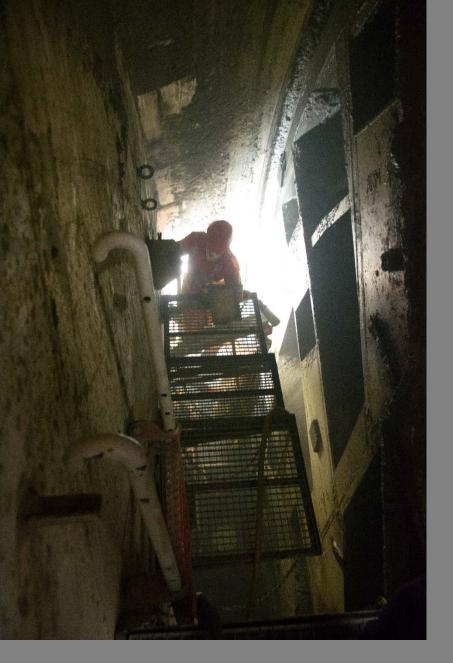
- All projects were successful from H&S view:
 - no relevant traumatic accidents
 - no relevant DCS
 - technology adapted from offshore experience has proven to be reliable













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The future

→ going deeper:

Lessons learned from early projects:

- ppO₂ as low as reasonable Recent research shows that oxydative stress should be avoided in long term exposures (ppO₂ 0.4 \rightarrow 0.3 at storage?)
- ppN₂ as low as needed to avoid narcotic effects and stressing work of breathing (WOB) i.e. equivalent air depth ≤ 20m (ppN₂ 2.4 bar)

→ going safer:

- Mixed gas bounce intervention to be considered from 25 – 50m (WOB, no narcotic effects)
- Sat operations may get economically and medically preferable from 30m upwards (MGSW can work 6h/d without need for deco during 4 weeks)

→ going safer:

Deco from sat or Tx-bounce intervention

- Should be monitored with US-bubble detectors, because there are no scientifically validated tables available
- Safe procedures must be planned using a computer algorithm and a deco model which has to be up-to-date and "quasi validated" by multiple practical applications with acceptable or negligible incidence of DCS. (The hyperbaric medical advisor should propose such table or endorse them when provided from elsewhere).
- An external audit of the procedures by an independent specialist will further ensure coherence to good practice.







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Conclusions:

Bühlmann's (ZH research laboratory) sat diving algorithm and deep mixed tables - how they changed practice in occupational diving?

ZHL Deep mixed gas tables had no impact

 Bü'Algorithm is again useful for setup and assessment of mixed gas procedures in tunnelling

Thank you! Questions?

