NO DECOMPRESSION LIMITS - EXTENDED - AIR (LND88)

GENERAL

In a number of circumstances it may be necessary to extend the no-deco diving time. This however heightens the risk of decompression sickness, so that for the sake of safety repet dives cannot be allowed.
If circumstances necessitate the use of extended no-deco limits (LND88) then, form a diving depth of 12 metres onward, the next rules apply

- Repetitive dives are not allowed;
- The repet interval before and after the dive is 16 hours;
- After 5 such dives within a week diving is not allowed for at least 2 days (lay-off period of 48 hours)

Diving according to the extended No-deco table is only allowed for urgent operational circumstances. However, using the extended no-deco table is to be preferred above using Table 5.

ASCENT SPEED

When diving according to the extended no-deco table a correct ascent speed is of the greatest importance.
The maximum ascent speed is 10 metres/minute. The minimum ascent speed is 5 metres/minute.
If the ascent speed is less, the difference should be added to the diving time.

air diving, long no-deco limits in minutes

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maximum diving depth (metres)	normal no-deco limits (ND88)	long no-deco limits (LND88)
9	**480**	**480**
12	**115**	**115**
15	**60**	**80**
18	**30**	**50**
21	**20**	**35**
24	**13**	**25**
27	**10**	**20**
30	**7**	**20**
33	**6**	**15**
36	**5**	**10**
39	**-**	**10**
42	**-**	**9**
45	**-**	**9**
48	**-**	**7**
51	**-**	**6**
54	**-**	**6**
57	**-**	**5**
60	**-**	**5**

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air diving, standard air decompression tables.
maximum diving depth 12 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
120	0.9	-	-	-	-	-	-	-	-	-	1	2.2	-
130	0.9	-	-	-	-	-	-	-	-	-	3	4.2	-
140	0.9	-	-	-	-	-	-	-	-	-	5	6.2	-
150	0.9	-	-	-	-	-	-	-	-	-	6	7.2	-
160	0.9	-	-	-	-	-	-	-	-	-	7	8.2	-
170	0.9	-	-	-	-	-	-	-	-	-	8	9.2	-
180	0.9	-	-	-		-	-	-	-	-	8	9.2	-

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air diving, standard air decompression tables.
maximum diving depth 15 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
70	1.2	-	-	-	-	-	-	-	-	-	2	3.5	6
80	1.2	-	-	-	-	-	-	-	-	-	7	8.5	7
90	1.2	-	-	-	-	-	-	-	-	-	11	12.5	7
100	1.2	-	-	-	-	-	-	-	-	-	14	15.5	8
110	1.2	-	-	-	-	-	-	-	-	-	17	18.5	9
120	1.2	-	-	-	-	-	-	-	-	-	19	20.5	10
130	1.2	-	-	-	-	-	-	-	-	-	20	21.5	11
140	1.2	-	-	-	-	-	-	-	-	-	22	23.5	12
150	1.2	-	-	-	-	-	-	-	-	-	23	24.5	12

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air diving, standard air decompression tables.
maximum diving depth 18 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
40	1.5	-	-	-	-	-	-	-	-	-	2	3.8	9
50	1.5	-	-	-	-	-	-	-	-	-	5	6.8	12
60	1.5	-	-	-	-	-	-	-	-	-	10	11.8	14
70	1.5	-	-	-	-	-	-	-	-	-	16	17.8	16
80	1.5	-	-	-	-	-	-	-	-	-	21	22.8	19
90	1.5	-	-	-	-	-	-	-	-	-	25	26.8	21
100	1.2	-	-	-	-	-	-	-	-	2	26	29.8	24
110	1.2	-	-	-	-	-	-	-	-	5	26	32.8	26
120	1.2	-	-	-	-	-	-	-	-	8	27	36.8	28
130	1.2	-	-	-	-	-	-	-	-	10	32	43.8	31
140	1.2	-	-	-	-	-	-	-	-	12	37	50.8	33
150	1.2	-	-	-	-	-	-	-	-	13	41	55.8	35

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air diving, standard air decompression tables.

maximum diving depth 21 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval 12 hours.

Code: nsil88

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
25	1.8	-	-	-	-	-	-	-	-	-	2	4.1	9
30	1.8	-	-	-	-	-	-	-	-	-	3	5.1	11
35	1.8	-	-	-	-	-	-	-	-	-	5	7.1	13
40	1.8	-	-	-	-	-	-	-	-	-	7	9.1	15
45	1.8	-	-	-	-	-	-	-	-	-	9	11.1	17
50	1.8	-	-	-	-	-	-	-	-	-	13	15.1	18
55	1.5	-	-	-	-	-	-	-	-	1	17	20.1	20
60	1.5	-	-	-	-	-	-	-	-	2	20	24.1	22
65	1.5	-	-	-	-	-	-	-	-	3	22	27.1	24
70	1.5	-	-	-	-	-	-	-	-	4	24	30.1	26
75	1.5	-	-	-	-	-	-	-	-	5	26	33.1	28
80	1.5	-	-	-	-	-	-	-	-	8	26	36.1	29
85	1.5	-	-	-	-	-	-	-	-	11	26	39.1	31
90	1.5	-	-	-	-	-	-	-	-	13	26	41.1	33

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netherlands diving centre

air diving, standard air decompression tables.

maximum diving depth 24 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop

repet interval is 12 hours.

Code: nsil88

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
15	2.1	-	-	-	-	-	-	-	-	-	1	3.4	7
20	2.1	-	-	-	-	-	-	-	-	-	3	5.4	10
25	2.1	-	-	-	-	-	-	-	-	-	4	6.4	12
30	1.8	-	-	-	-	-	-	-	-	1	6	9.4	15
35	1.8	-	-	-	-	-	-	-	-	2	8	12.4	17
40	1.8	-	-	-	-	-	-	-	-	2	11	15.4	20
45	1.8	-	-	-	-	-	-	-	-	3	16	21.4	22
50	1.8	-	-	-	-	-	-	-	-	5	20	27.4	25
55	1.8	-	-	-	-	-	-	-	-	6	23	31.4	27
60	1.8	-	-	-	-	-	-	-	-	7	26	35.4	30
65	1.8	-	-	-	-	-	-	-	-	11	26	39.4	32
70	1.8	-	-	-	-	-	-	-	-	14	26	42.4	35
75	1.8	-	-	-	-	-	-	-	-	17	26	45.4	37
80	1.5	-	-	-	-	-	-	-	1	19	26	48.4	40
85	1.5	-	-	-	-	-	-	-	1	21	29	53.4	42
90	1.5	-	-	-	-	-	-	-	2	23	33	60.4	45

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air diving, standard air decompression tables.

maximum diving depth 27 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
15	2.4	-	-	-	-	-	-	-	-	-	2	4.7	10
20	2.4	-	-	-	-	-	-	-	-	-	5	7.7	13
25	2.1	-	-	-	-	-	-	-	-	2	6	10.7	16
30	2.1	-	-	-	-	-	-	-	-	3	8	13.7	19
35	2.1	-	-	-	-	-	-	-	-	4	12	18.7	22
40	1.8	-	-	-	-	-	-	-	1	5	18	26.7	25
45	1.8	-	-	-	-	-	-	-	1	7	22	32.7	28
50	1.8	-	-	-	-	-	-	-	1	9	25	37.7	31
55	1.8	-	-	-	-	-	-	-	2	12	26	42.7	34
60	1.8	-	-	-	-	-	-	-	3	15	26	46.7	37
65	1.8	-	-	-	-	-	-	-	4	18	26	50.7	40
70	1.8	-	-	-	-	-	-	-	5	21	26	54.7	43
75	1.8	-	-	-	-	-	-	-	6	23	31	62.7	46
80	1.8	-	-	-	-	-	-		9	23	36	70.7	49

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air diving, standard air decompression tables.

maximum diving depth 30 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
10	2.7	-	-	-	-	-	-	-	-	-	1	4.0	8
15	2.4	-	-	-	-	-	-	-	-	1	3	7.0	11
20	2.4	-	-	-	-	-	-	-	-	2	5	10.0	15
25	2.4	-	-	-	-	-	-	-	-	4	8	15.0	19
30	2.1	-	-	-	-	-	-	-	1	4	12	20.0	22
35	2.1	-	-	-	-	-	-	-	2	6	18	29.0	26
40	2.1	-	-	-	-	-	-	-	3	8	22	36.0	30
45	2.1	-	-	-	-	-	-	-	3	10	26	42.0	33
50	2.1	-	-	-	-	-	-	-	5	14	26	48.0	37
55	2.1	-	-	-	-	-	-	-	6	18	26	53.0	41
60	2.1	-	-	-	-	-	-	-	8	20	26	57.0	44

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air diving, standard air decompression tables.

maximum diving depth 33 metres.

ascent speed is max. 10 metres/minute.

Stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
10	3.0	-	-	-	-	-	-	-	-	-	2	5.3	9
15	2.7	-	-	-	-	-	-	-	-	2	4	9.3	13
20	2.4	-	-	-	-	-	-	-	1	3	7	14.3	18
25	2.4	-	-	-	-	-	-	-	2	4	10	19.3	22
30	2.4	-	-	-	-	-	-	-	3	6	16	28.3	26
35	2.1	-	-	-	-	-	-	1	3	8	22	37.3	30
40	2.1	-	-	-	-	-	-	1	4	10	26	44.3	34
45	2.1	-	-	-	-	-	-	2	6	15	26	52.3	39
50	2.1	-	-	-	-	-	-	2	7	19	26	57.3	43
55	2.1	-	-	-	-	-	-	2	9	22	27	63.3	47
60	2.1	-	-	-	-	-	-	4	11	23	34	75.3	51

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air diving, standard air decompression tables.
maximum diving depth 36 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
10	3.0	-	-	-	-	-	-	-	-	1	3	7.6	11
15	2.7	-	-	-	-	-	-	-	1	2	5	11.6	15
20	2.7	-	-	-	-	-	-	-	2	4	8	17.6	20
25	2.7	-	-	-	-	-	-	-	4	5	14	26.6	25
30	2.4	-	-	-	-	-	-	2	3	8	21	37.6	29
35	2.4	-	-	-	-	-	-	2	5	9	26	45.6	34
40	2.4	-	-	-	-	-	-	3	6	15	26	53.6	39
45	2.4	-	-	-	-	-	-	3	8	20	26	60.6	44
50	2.1	-	-	-	-	-	1	4	9	23	29	69.6	48
55	2.1	-	-	-	-	-	1	6	13	23	36	82.6	53
60	2.1	-	-	-	-	-	1	7	17	23	42	93.6	58

nationaal duikcentrum
netherlands diving centre

air diving, standard air decompression tables.

maximum diving depth 39 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
5	3.6	-	-	-	-	-	-	-	-	-	1	4.9	7
10	3.3	-	-	-	-	-	-	-	-	2	3	8.9	12
15	3.0	-	-	-	-	-	-	-	1	4	5	13.9	17
20	2.7	-	-	-	-	-	-	1	3	4	10	21.9	22
25	2.7	-	-	-	-	-	-	2	4	6	18	33.9	28
30	2.7	-	-	-	-	-	-	3	4	9	24	43.9	33
35	2.4	-	-	-	-	-	1	3	7	13	26	53.9	38
40	2.4	-	-	-	-	-	2	3	8	19	26	61.9	44
45	2.4	-	-	-	-	-	2	5	9	23	29	71.9	49
50	2.4	-	-	-	-	-	2	7	14	23	37	86.9	54
55	2.4	-	-	-	-	-	3	8	18	23	43	98.9	59
60	2.4	-	-	-	-	-	4	9	20	23	49	108.9	65

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air diving, standard air decompression tables.
maximum diving depth 42 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
5	3.9	-	-	-	-	-	-	-	-	-	2	6.2	7
10	3.3	-	-	-	-	-	-	-	1	1	5	11.2	13
15	3.0	-	-	-	-	-	-	1	2	4	7	18.2	19
20	3.0	-	-	-	-	-	-	2	3	5	13	27.2	25
25	3.0	-	-	-	-	-	-	4	3	9	21	41.2	31
30	2.7	-	-	-	-	-	2	3	6	11	26	52.2	37
35	2.7	-	-	-	-	-	3	3	8	18	26	62.2	42
40	2.7	-	-	-	-	-	3	5	9	23	27	71.2	48
45	2.4	-	-	-	-	1	3	7	14	23	36	88.2	54
50	2.4	-	-	-	-	1	4	8	18	23	44	102.2	60
55	2.4	-	-	-	-	1	6	9	21	23	50	114.2	66
60	2.4	-	-	-	-	2	6	14	20	23	56	125.2	72

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air diving, standard air decompression tables.

maximum diving depth 45 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
5	4.2	-	-	-	-	-	-	-	-	-	2	6.5	8
10	3.6	-	-	-	-	-	-	-	2	2	4	12.5	15
15	3.3	-	-	-	-	-	-	1	3	4	9	21.5	21
20	3.0	-	-	-	-	-	1	2	4	6	17	34.5	27
25	3.0	-	-	-	-	-	2	3	5	9	25	48.5	34
30	3.0	-	-	-	-	-	3	4	7	16	26	60.5	40
35	2.7	-	-	-	-	1	3	5	9	21	26	69.5	46
40	2.7	-	-	-	-	2	3	7	13	23	34	86.5	53
45	2.7	-	-	-	-	2	5	7	18	23	43	102.5	59
50	2.7	-	-	-	-	3	6	10	20	23	50	116.5	66
55	2.7	-	-	-	-	3	7	14	21	23	56	128.5	72
60	2.7	-	-	-	-	5	7	18	20	30	64	148.5	79

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air diving, standard air decompression tables.
maximum diving depth 48 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
5	4.2	-	-	-	-	-	-	-	-	1	2	7.8	9
10	3.6	-	-	-	-	-	-	1	1	3	5	14.8	16
15	3.3	-	-	-	-	-	1	1	4	4	10	24.8	23
20	3.3	-	-	-	-	-	2	3	3	8	20	40.8	30
25	3.0	-	-	-	-	1	3	3	6	12	26	55.8	37
30	3.0	-	-	-	-	2	3	4	8	19	26	66.8	44
35	3.0	-	-	-	-	3	3	7	11	23	31	82.8	51
40	2.7	-	-	-	1	3	4	8	17	23	41	101.8	58
45	2.7	-	-	-	1	3	6	9	21	23	49	116.8	65
50	2.7	-	-	-	2	3	7	14	21	23	56	130.8	72
55	2.7	-	-	-	2	5	7	18	21	30	64	151.8	79
60	2.7	-	-	-	2	6	11	19	20	38	70	170.8	87

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air diving, standard air decompression tables.

maximum diving depth 51 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
5	4.5	-	-	-	-	-	-	-	-	2	2	9.1	10
10	3.9	-	-	-	-	-	-	1	2	4	5	17.1	18
15	3.6	-	-	-	-	-	1	2	4	5	13	30.1	25
20	3.3	-	-	-	-	1	2	3	4	9	23	47.1	32
25	3.3	-	-	-	-	2	3	3	8	15	26	62.1	40
30	3.0	-	-	-	1	2	3	6	8	23	26	74.1	48
35	3.0	-	-	-	2	2	4	8	15	23	37	96.1	55
40	3.0	-	-	-	2	3	6	8	20	23	47	114.1	63
45	3.0	-	-	-	3	4	7	13	21	23	55	131.1	71
50	2.7	-	-	1	2	6	7	18	20	30	63	152.1	79
55	2.7	-	-	1	3	6	11	19	20	38	70	173.1	87
60	2.7	-	-	1	4	7	15	18	21	44	77	192.1	95

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air diving, air-oxygen decompression tables.

maximum diving depth 15 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

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dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
150	1.2													15	16.5	34

ndc
nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 18 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88
Copyright dadcodat 1988

1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
80	1.5													15	16.8	41
110	1.2											10	-	10	21.8	60
130	1.2											10	-	15	26.8	72
140	1.2											15	-	15	31.8	84
150	1.2											15	-	20	36.8	94

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.
maximum diving depth 21 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsio88
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1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
60	1.5											5	-	10	17.1	46
75	1.5											10	-	10	22.1	62
90	1.5											10	-	15	27.1	74

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.
maximum diving depth 24 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsio88
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1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
50	1.8											5	-	10	17.4	50
55	1.8											10	-	10	22.4	61
70	1.8											10	-	15	27.4	77
80	1.5									10	-	10	-	10	32.4	97
90	1.5									10	5	10	-	10	37.4	102

air/ox 010588/4

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 27 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88

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1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
40	1.8									5	-	5	-	5	17.7	53
45	1.8									5	-	5	-	10	22.7	65
55	1.8									5	-	10	-	10	27.7	80
60	1.8									10	-	10	-	10	32.7	95
70	1.8									10	5	10	-	10	37.7	101
80	1.8									10	5	10	-	15	42.7	114

air/ox 010588/5

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.
maximum diving depth 30 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsio88
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1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
35	2.1									5	-	5	-	5	18.0	54
40	2.1									5	-	5	-	10	23.0	66
45	2.1									5	-	10	-	10	28.0	80
50	2.1									10	-	10	-	10	33.0	94
55	2.1									10	5	10	-	10	38.0	98
60	2.1									10	5	10	-	15	43.0	110

air/ox 010588/6

ndc
nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 33 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88
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dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
30	2.4									5	-	5	-	5	18.3	55
35	2.1							5	-	5	-	5	-	10	28.3	80
40	2.1							5	-	5	-	10	-	10	33.3	94
45	2.1							5	-	5	5	10	-	10	38.3	99
55	2.1							5	-	10	5	10	-	10	43.3	118
60	2.1							10	-	10	5	10	-	10	48.3	136

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.
maximum diving depth 36 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsio88
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dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
25	2.7									5	-	5	-	5	18.6	54
30	2.4							5	-	5	-	5	-	5	23.6	72
35	2.4							5	-	5	-	5	-	10	28.6	84
40	2.4							5	-	5	5	10	-	10	38.6	99
45	2.4							5	-	10	5	10	-	10	43.6	115
55	2.1				1	-	-	10	-	10	5	10	-	10	49.6	139
60	2.1					5	5	10	-	10	5	10	-	10	58.6	159

air/ox 010588/8

ndc
nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.
maximum diving depth 39 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsio88
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1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
20	2.7						1	-	-	5	-	5	-	5	19.9	51
25	2.7							5	-	5	-	5	-	5	23.9	70
30	2.7							5	-	5	-	5	-	10	28.9	83
35	2.4				1	-	-	5	-	5	5	10	-	10	39.9	98
40	2.4				2	-	-	5	-	10	5	10	-	10	45.9	115
50	2.4				2	-	-	10	-	10	5	10	-	10	50.9	139
55	2.4					5	5	10	-	10	5	10	-	10	58.9	161
60	2.4					5	5	10	-	10	5	10	-	20	68.9	181

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 42 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88
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dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
20	3.0						2	-	-	5	-	5	-	5	21.2	54
25	3.0							5	-	5	-	5	-	10	29.2	81
30	2.7				2	-	-	5	-	5	-	10	-	10	36.2	97
35	2.7				3	-	-	5	-	10	5	10	-	10	47.2	114
40	2.7				3	-	-	10	-	10	5	10	-	10	52.2	133
45	2.4			1	3	-	-	10	-	10	5	10	-	10	53.2	140
50	2.4			1	-	5	5	10	-	10	5	10	-	10	60.2	161
55	2.4			1	-	5	5	10	-	10	5	10	-	20	70.2	181
60	2.4			2	-	5	5	10	-	10	5	10	-	25	76.2	195

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 45 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88
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dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
15	3.3						1	-	-	5	-	5	-	5	20.5	50
20	3.0				1	-	-	5	-	5	-	5	-	5	25.5	70
25	3.0				2	-	-	5	-	5	-	5	-	10	31.5	83
30	3.0				3	-	-	5	-	5	5	10	-	10	42.5	100
35	2.7			1	3	-	-	5	-	10	5	10	-	10	48.5	118
40	2.7			2	3	-	-	10	-	10	5	10	-	10	54.5	138
45	2.7			2	-	5	5	10	-	10	5	10	-	10	61.5	160
50	2.7			3	-	5	5	10	-	10	5	10	-	20	72.5	182
55	2.7			3	-	5	5	10	-	10	5	10	-	25	77.5	195
60	2.7			5	-	5	5	10	-	10	5	20	5	20	89.5	214

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 48 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88
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dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
15	3.3				1	-	1	-	-	5	-	5	-	5	21.8	51
20	3.3				2	-	-	5	-	5	-	5	-	5	26.8	72
25	3.0			1	3	-	-	5	-	5	5	10	-	10	43.8	97
30	3.0			2	3	-	-	5	-	10	5	10	-	10	49.8	116
35	3.0			3	3	-	-	10	-	10	5	10	-	10	55.8	136
40	2.7		1	3	-	5	5	10	-	10	5	10	-	10	63.8	159
45	2.7		1	3	-	5	5	10	-	10	5	10	-	20	73.8	181
50	2.7		2	3	-	5	5	10	-	10	5	10	-	25	79.8	195
55	2.7		2	5	-	5	5	10	-	10	5	20	5	20	91.8	214
60	2.7		2	6	-	10	5	10	-	10	5	20	5	25	102.8	244

nationaal duikcentrum
netherlands diving centre

air diving, air-oxygen decompression tables.

maximum diving depth 51 metres.

ascent speed is max. 10 metres/minute.

stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsio88
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1 mei 1988

dive time (min)	till 1st stop	stop depth in metres													tot. deco time (min)	tot. uptd
		24 air	21 air	18 air	15 air	15 oxy	12 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
15	3.6				1	-	2	-	-	5	-	5	-	5	23.1	54
20	3.3			1	2	-	-	5	-	5	-	5	-	10	33.1	82
25	3.3			2	3	-	-	5	-	5	5	10	-	10	45.1	99
30	3.0		1	2	3	-	-	10	-	10	5	10	-	10	56.1	133
35	3.0		2	2	-	5	5	10	-	10	5	10	-	10	64.1	156
40	3.0		2	3	-	5	5	10	-	10	5	10	-	15	70.1	171
45	3.0		3	4	-	5	5	10	-	10	5	10	-	25	82.1	193
50	2.7	1	2	6	-	5	5	10	-	10	5	20	5	20	94.1	214
55	2.7	1	3	6	-	10	5	10	-	10	5	20	5	25	105.1	245
60	2.7	1	4	7	-	10	5	10	-	10	5	20	5	30	112.1	260

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 12 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
150	1.2						10	-	5	-	-	-	-	17.4	40
170	1.2						10	-	10	-	-	-	-	22.4	51
180	1.2						10	-	10	5	-	-	-	27.4	51

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 15 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
80	1.5						10	-	5	-	-	-	-	17.7	47
100	1.5						10	-	10	-	-	-	-	22.7	59
110	1.5						10	-	10	5	-	-	-	27.7	60
120	1.5						10	-	10	5	-	-	5	32.7	69
140	1.5						10	-	10	5	-	-	10	37.7	78
150	1.5						10	-	10	5	10	-	5	42.7	90
170	1.5						10	-	10	5	10	-	10	47.7	99
180	1.5						20	5	10	-	10	-	5	52.7	121

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 18 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
40	1.8						10	-	-	-	-	-	-	13.0	37
50	1.8						10	-	5	-	-	-	-	18.0	52
60	1.8						10	-	10	-	-	-	-	23.0	65
70	1.8						10	-	10	5	-	-	-	28.0	67
90	1.8						10	-	10	5	-	-	5	33.0	80
100	1.8						10	-	10	5	-	-	10	38.0	90
110	1.8						10	-	10	5	10	-	5	43.0	104
120	1.8						10	-	10	5	10	-	10	48.0	113
140	1.8						20	5	10	-	10	-	10	58.0	146
150	1.8						20	5	20	5	10	-	5	68.0	164
160	1.8						20	5	20	5	10	-	10	73.0	175
170	1.8						20	5	20	5	20	-	5	78.0	189
180	1.8						20	5	20	5	20	-	10	83.0	198

surface ox 010588/3

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 21 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
30	2.1						10	-	-	-	-	-	-	13.3	39
40	2.1						10	-	5	-	-	-	-	18.3	55
50	2.1						10	-	10	-	-	-	-	23.3	69
60	2.1						10	-	10	5	-	-	5	33.3	81
80	2.1						10	-	10	5	-	-	10	38.3	95
90	2.1						10	-	10	5	10	-	10	48.3	118
100	2.1						20	5	10	-	10	-	10	58.3	150
110	2.1						20	5	20	5	10	-	5	68.3	170
120	2.1						20	5	20	5	10	-	10	73.3	181
130	2.1						20	5	20	5	20	-	5	78.3	197
140	2.1						20	5	20	5	20	-	10	83.3	208

surface ox 010588/4

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 24 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
30	2.4						10	-	-	-	-	-	-	13.6	43
40	2.4						10	-	10	-	-	-	-	23.6	71
50	2.4						10	-	10	5	-	-	5	33.6	84
60	2.4						10	-	10	5	-	-	10	38.6	96
70	2.4						10	-	10	5	10	-	5	43.6	113
80	2.4						20	5	10	-	10	-	5	53.6	145
90	2.4						20	5	20	5	10	-	5	68.6	174
100	2.4						20	5	20	5	10	-	10	73.6	186
110	2.4						20	5	20	5	20	-	5	78.6	203

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 27 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

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dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
20	2.7						10	-	-	-	-	-	-	13.9	40
30	2.7						10	-	5	-	-	-	-	18.9	58
40	2.7						10	-	10	5	-	-	5	33.9	83
50	2.7						10	-	10	5	-	-	10	38.9	98
60	2.7						10	-	10	5	10	-	10	48.9	123
70	2.7						20	5	10	-	10	-	10	58.9	157
80	1.8					1	20	5	20	5	10	-	5	69.9	179
90	1.8					2	20	5	20	5	20	-	5	80.9	204
100	1.8					8	20	5	20	5	20	-	10	91.9	217

surface ox 010588/6

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 30 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
20	3.0						10	-	-	-	-	-	-	14.2	43
30	3.0						10	-	10	-	-	-	-	24.2	74
40	2.1					1	10	-	10	5	-	-	10	40.2	96
50	2.1					1	10	-	10	5	10	-	5	45.2	115
60	2.1					3	20	5	10	-	10	-	10	62.2	158
70	1.8				1	4	20	5	20	5	10	-	10	79.2	188
80	1.8				2	5	20	5	20	5	20	-	5	86.2	207

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 33 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	3.3						10	-	-	-	-	-	-	14.5	36
20	3.3						10	-	5	-	-	-	-	19.5	57
30	2.4					1	10	-	10	5	-	-	5	35.5	85
40	2.1				1	2	10	-	10	5	10	-	5	47.5	112
50	2.1				2	3	10	-	10	5	10	-	10	54.5	128
60	2.1				4	3	20	5	20	5	10	-	5	76.5	180
70	2.1				6	5	20	5	20	5	20	-	5	90.5	208

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 36 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	3.6						10	-	-	-	-	-	-	14.8	38
20	3.6						10	-	5	-	-	-	-	19.8	60
30	2.4				2	1	10	-	10	5	-	-	10	42.8	95
40	2.4				3	2	10	-	10	5	10	-	10	54.8	125
50	2.1			1	4	4	20	5	10	-	10	-	10	68.8	161
60	2.1			1	7	4	20	5	20	5	20	-	5	91.8	207

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 39 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	3.9						10	-	-	-	-	-	-	15.1	39
20	2.7				1	1	10	-	10	-	-	-	-	27.1	74
30	2.7				3	2	10	-	10	5	10	-	5	50.1	110
40	2.4			2	3	4	20	5	10	-	10	-	5	64.1	149
50	2.4			2	7	4	20	5	20	5	10	-	10	88.1	190
60	2.4			4	9	8	20	5	20	5	20	-	10	106.1	221

surface ox 010588/10

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 42 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	4.2						10	-	-	-	-	-	-	15.4	42
20	3.0				2	1	10	-	10	5	-	-	5	38.4	84
30	2.7			2	3	2	10	-	10	5	10	-	5	52.4	115
40	2.7			3	5	4	20	5	10	-	10	-	10	72.4	161
50	2.4		1	4	8	5	20	5	20	5	20	-	5	98.4	209

surface ox 010588/11

ndc
nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.
maximum diving depth 45 metres.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.
repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	3.6					1	10	-	-	-	-	-	-	16.7	43
20	3.0			1	2	2	10	-	10	5	-	-	5	40.7	86
30	3.0			3	4	2	10	-	10	5	10	-	10	59.7	126
40	2.7		2	3	7	4	20	5	20	5	10	-	5	86.7	182
50	2.7		3	6	10	8	20	5	20	5	20	-	10	112.7	222

surface ox 010588/12

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 48 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	3.9					1	10	-	-	-	-	-	-	17.0	44
20	3.3			2	3	1	10	-	10	5	-	-	10	47.0	96
30	3.0		2	3	4	4	10	-	10	5	10	-	10	64.0	130
40	2.7	1	3	4	8	4	20	5	20	5	10	-	10	96.0	195

surface ox 010588/13

nationaal duikcentrum
netherlands diving centre

air diving, surface decompression tables with oxygen.

maximum diving depth 51 metres.

ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
time from surface till first stop in chamber is 3 minutes maximum.

repet interval is 12 hours.

Code: nsox88
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1 mei 1988

dive time (min)	till 1st stop	in waters stop (metres)					stops in deco-chamber							tot. deco time (min)	tot. uptd
		21 air	18 air	15 air	12 air	9 air	12 oxy	9 air	9 oxy	6 air	6 oxy	3 air	3 oxy		
10	3.9				1	1	10	-	5	-	-	-	-	23.3	58
20	3.3		1	2	3	2	10	-	10	5	-	-	10	49.3	98
30	3.0	1	2	3	6	4	20	5	10	-	10	-	10	77.3	161
40	3.0	2	3	6	8	8	20	5	20	5	20	-	5	108.3	211

ndc
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netherlands diving centre

nitrox 40/60 decompression tables.

maximum diving depth 18 metres.

dive and decompression on nitrox.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsni88
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Equivalent air depth is 12.3 metres

15 juni 1988

dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
110	1.5	-	-	-	-	-	-	-	-	-	1	2.8	138
120	1.5	-	-	-	-	-	-	-	-	-	3	4.8	150
130	1.5	-	-	-	-	-	-	-	-	-	4	5.8	163
140	1.5	-	-	-	-	-	-	-	-	-	5	6.8	175
150	1.5	-	-	-	-	-	-	-	-	-	7	8.8	188

ndc
nationaal duikcentrum
netherlands diving centre

nitrox 40/60 decompression tables.
maximum diving depth 21 metres.
dive and decompression on nitrox.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsni88
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Equivalent air depth is 14.7 metres

15 juni 1988

dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
70	1.8	-	-	-	-	-	-	-	-	-	1	3.1	102
80	1.8	-	-	-	-	-	-	-	-	-	4	6.1	117
90	1.8	-	-	-	-	-	-	-	-	-	8	10.1	131
100	1.8	-	-	-	-	-	-	-	-	-	11	13.1	146
110	1.8	-	-	-	-	-	-	-	-	-	13	15.1	161
120	1.8	-	-	-	-	-	-	-	-	-	15	17.1	175
130	1.8	-	-	-	-	-	-	-	-	-	16	18.1	190
140	1.8	-	-	-	-	-	-	-	-	-	17	19.1	204
150	1.8	-	-	-	-	-	-	-	-	-	18	20.1	219

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netherlands diving centre

nitrox 40/60 decompression tables.

maximum diving depth 24 metres.

dive and decompression on nitrox.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsni88
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Equivalent air depth is 17.1 metres

15 juni 1988

dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
50	2.1	-	-	-	-	-	-	-	-	-	2	4.4	83
60	2.1	-	-	-	-	-	-	-	-	-	4	6.4	100
70	2.1	-	-	-	-	-	-	-	-	-	11	13.4	117
80	2.1	-	-	-	-	-	-	-	-	-	14	16.4	133
90	2.1	-	-	-	-	-	-	-	-	-	18	20.4	150
100	2.1	-	-	-	-	-	-	-	-	-	21	23.4	166
110	2.1	-	-	-	-	-	-	-	-	-	23	25.4	183
120	1.8	-	-	-	-	-	-	-	-	2	23	27.4	200
130	1.8	-	-	-	-	-	-	-	-	4	23	29.4	217
140	1.8	-	-	-	-	-	-	-	-	5	27	34.4	234
150	1.8	-	-	-	-	-	-	-	-	7	30	39.4	251

nationaal duikcentrum
netherlands diving centre

nitrox 40/60 decompression tables.
maximum diving depth 27 metres.
dive and decompression on nitrox.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.
repet interval is 12 hours.

Code: nsni88
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Equivalent air depth is 19.5 metres

15 juni 1988

dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
30	2.4	-	-	-	-	-	-	-	-	-	1	3.7	57
40	2.4	-	-	-	-	-	-	-	-	-	3	5.7	75
50	2.4	-	-	-	-	-	-	-	-	-	7	9.7	94
60	2.4	-	-	-	-	-	-	-	-	-	14	16.7	112
70	2.4	-	-	-	-	-	-	-	-	-	20	22.7	131
80	2.1	-	-	-	-	-	-	-	-	1	23	26.7	150
90	2.1	-	-	-	-	-	-	-	-	4	23	29.7	169

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netherlands diving centre

nitrox 40/60 decompression tables.

maximum diving depth 30 metres.

dive and decompression on nitrox.
ascent speed is max. 10 metres/minute.
stop time starts after arrival at stop.

repet interval is 12 hours.

Code: nsni88
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Equivalent air depth is 21.9 metres

15 juni 1988

dive time (min)	till 1st stop	stop depth in metres										tot. deco time (min)	tot. uptd
		30	27	24	21	18	15	12	9	6	3		
20	2.7	-	-	-	-	-	-	-	-	-	1	4.0	43
30	2.7	-	-	-	-	-	-	-	-	-	3	6.0	63
40	2.7	-	-	-	-	-	-	-	-	-	8	11.0	83
50	2.4	-	-	-	-	-	-	-	-	1	13	17.0	104
60	2.4	-	-	-	-	-	-	-	-	3	18	24.0	125
70	2.4	-	-	-	-	-	-	-	-	4	23	30.0	146
80	2.4	-	-	-	-	-	-	-	-	10	23	36.0	168
90	2.4	-	-	-	-	-	-	-	-	14	23	40.0	190